

**1st** Consider a friend the Christmas time. Is there a favour you could do them instead of giving them a gift? Is there a favour they could do for you?

**2nd** Write down a list of anything you may be worrying about the Christmas, no matter how small. Spend time asking God to help you with all of these things. Now any time you worry about them remind yourself that it is in God's hands.

**3rd** At each meal time this week set an extra place at the table and imagine it is for Jesus. What might you talk to him about? What advice would he give you?

**4th** Take a moment to consider how many around the world celebrate simply at this time of year and how we might learn from them.

**5th** The global population is around 6.7 billion, about half of these people live on less than \$2 a day. How do we celebrate in a world where half God's children are starving?

**6th** Which part of the Christmas story connects with you the most? Why do you think that is?

**7th** Give a gift to Jesus this Christmas. Could you offer your time or talents to others this year? Are there friends or organisations you could help support a gift to Jesus?

**8th** The angel told the shepherds: "...I bring you good news of great joy that will be for all the people." (Luke 2:10) Why and focus on what the birth of Jesus means, and see this as a time of great joy.

**9th** Take a look at the way you celebrate Christmas. Is Jesus at the centre of it? Would others see Jesus in your celebrations?

**10th** Today is Human Rights Day. Spend some time today to consider what you could do to encourage equality and justice in the world.

**11th** Son of God, the Father's gift to us. Spend some time today repeating the phrase, let it sink in to your heart. What questions or thoughts come to your mind? Write them down.

**12th** Close your eyes and listen to your breathing. Each new breath brings new life into the world. Jesus came into the world as new life and to bring new life. Think about how you might use this image to change your present and future.

**13th** The angel Gabriel stands in the presence of the Lord. Take time today to think what it might be like to stand before God. Does Jesus' coming change your view of God?

**14th** Jesus came as the light that shines in the darkness. How could you spread this light this Christmas?

**15th** Spend some time today considering those in the world who are without shelter, food or hope. Are there things you can do to make a difference for them?

**16th** The birth of Jesus was the birth of justice, it was God helping the helpless. Take time to be thankful and consider how you can help the helpless.

**17th** John the Baptist came before Jesus to prepare the way for him. What is Christmas preparing you for?

**18th** When Mary was told God's plan by the angel she responded "I am the Lord's servant....may it be to me as you have said." What can you learn from Mary this Christmas time?

**19th** The sun rises and falls each day. What does the light of the sun mean to you? What would you do if you couldn't rely on its light every day? How would you feel if you couldn't see the light of heaven and descend to earth? The light of the Son can be reborn upon every day.

**20th** Christmas is a time when we celebrate the birth of Jesus. When we thank God for the grace, for the forgiveness and freedom that he blessed us with. Take some time to think about your experiences of this in the last year.

**21st** What did it cost Jesus to be on earth for you? Take time now to consider this. What is your response this advent?

**22nd** Suffering's untellable left him unable to speak. We all have different levels of untellable, what is yours leaving you unable to do?

**23rd** John the Baptist was set aside by God to bring many of his children back to him (Luke 1:11-17) spend some time in prayer to thank God for all of the John the Baptists in this world.

**24th** If you have any last minute shopping to do could you consider buying an extra present and handing it to a local church or organisation to be given to someone less fortunate.

**25th** Why rejoice for a well deserved today. Take some time to relax, its not to think about anything you have to do today other than welcome the baby Jesus.

**Image blurred to show sample only.....**

Happy Christmas !